

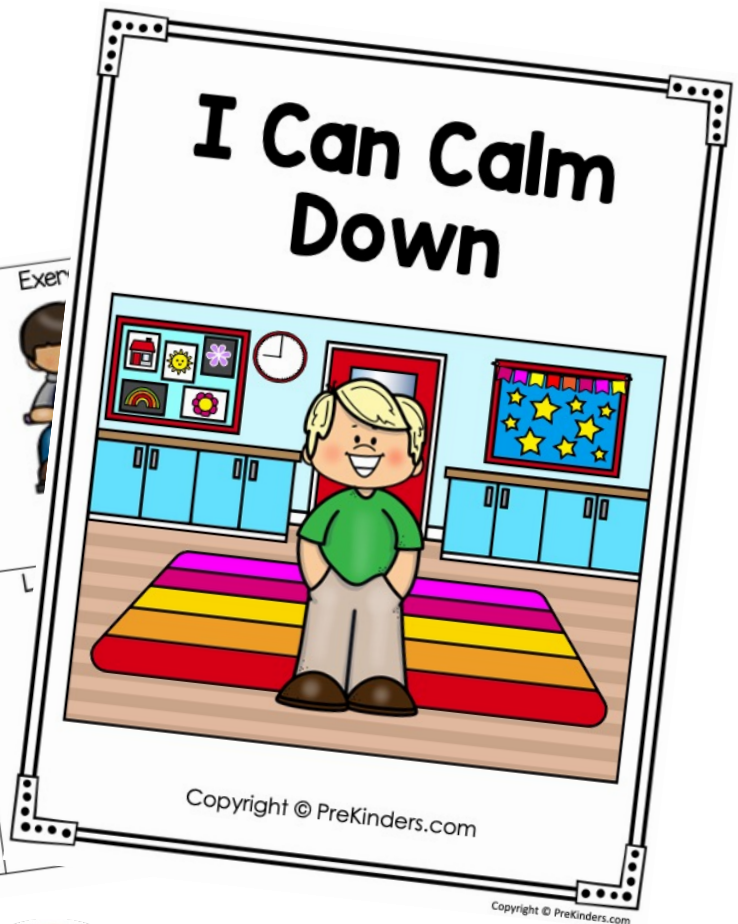
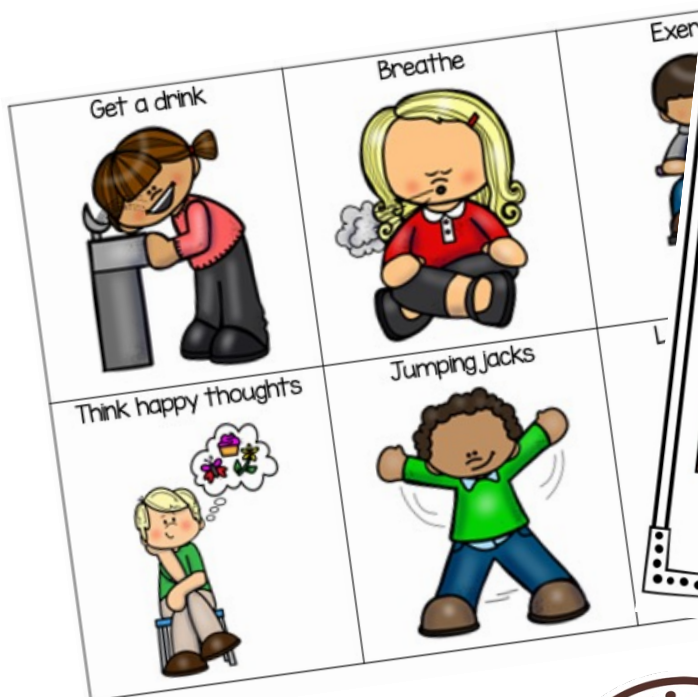
# Calm Down Corner Printables

I hope you enjoy this free resource from [prekinders.com](http://prekinders.com)!

Learn more about this activity here:

<https://prekinders.com/calm-down-corner-printables-ideas-free>

Find all files of the cards & book in both Color and Black & White at the link above.



Please enjoy this FREE resource. By downloading this resource, you are agreeing to the terms listed below.



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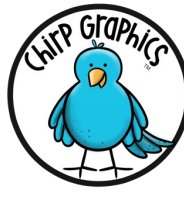
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## Contact Info

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Website: [www.prekinders.com](http://www.prekinders.com)

Feel free to contact me if you have any questions.

## Graphics Credits



Fonts by Kimberly Geswein

## Printing Help

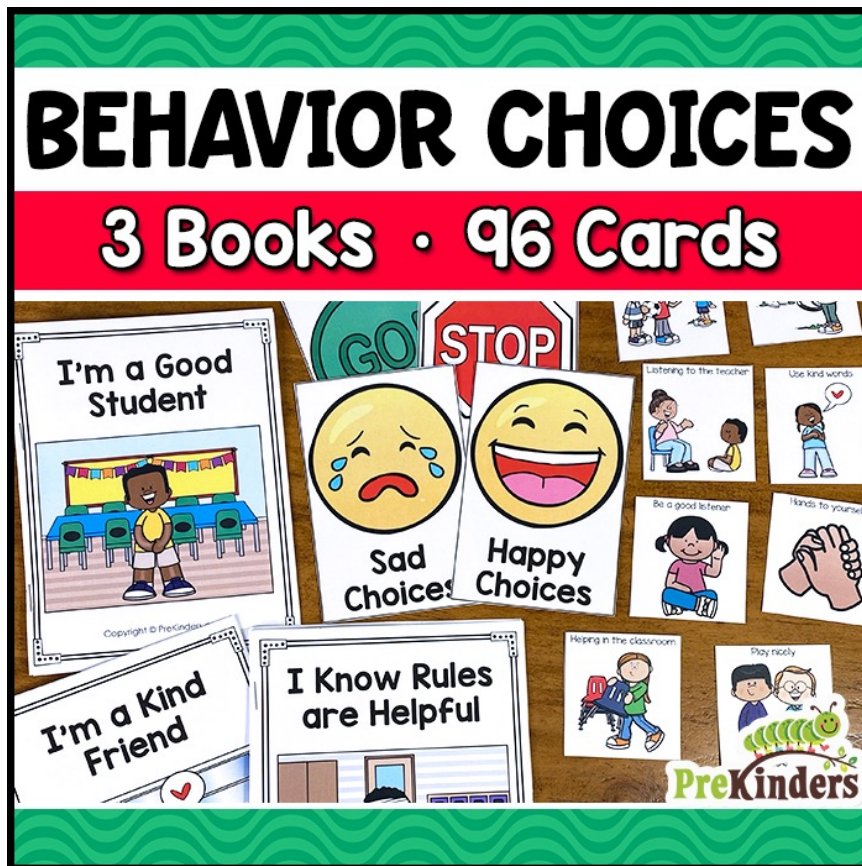
Find Printing Tutorials here: <http://www.prekinders.com/printing-help/>

**Most issues can be resolved by updating Adobe Acrobat Reader on your computer.**  
When you only want to print one page, go to that page, put your cursor on that page, click CTRL-P, and select "current page". If you want to print just certain pages, but not others, click CTRL-P and type in the page numbers you want.

Thanks for downloading this freebie  
from PreKinders.com

# You will also like this Behavior Choices set!

Visuals help young children  
understand expectations and routines!



**BUY ON TPT**

**Includes:**

- 3 books
- 96 cards

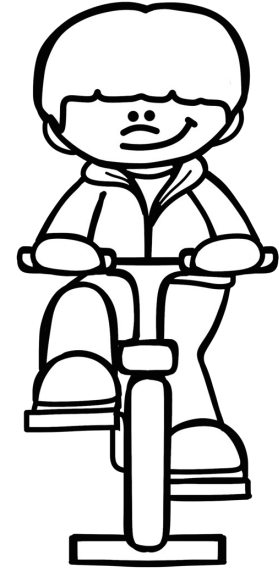
Get a drink



Breathe



Exercise



Think happy thoughts



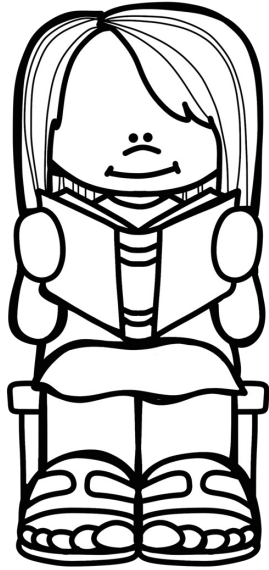
Jumping jacks



Listen to music



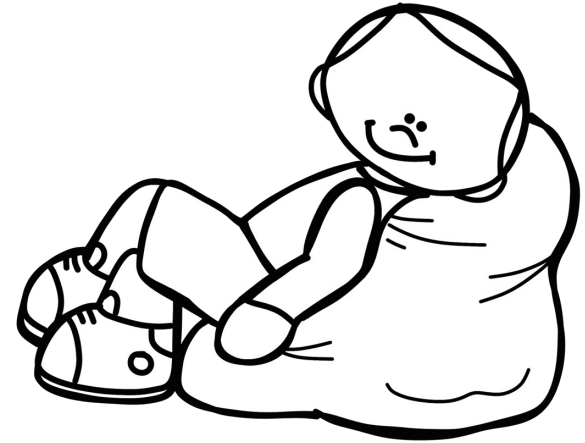
Read a book



Push on the wall



Relax



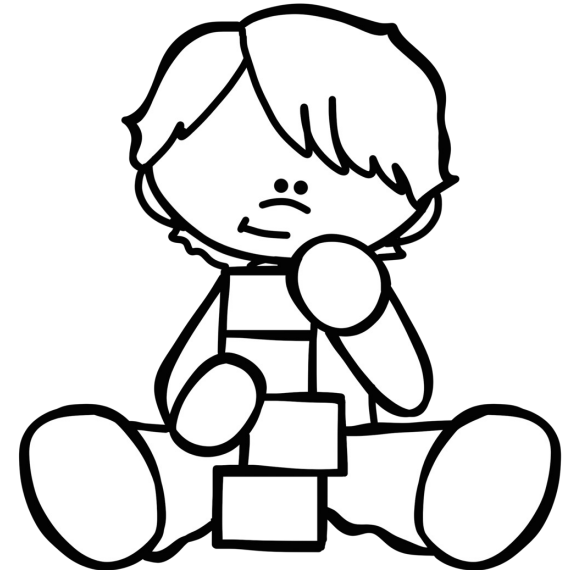
Walk



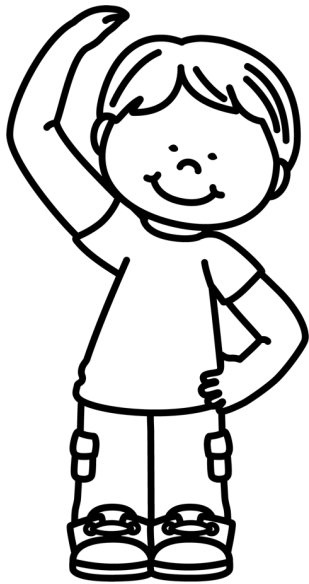
Squeeze a stress ball



Build with blocks



Stretching exercises



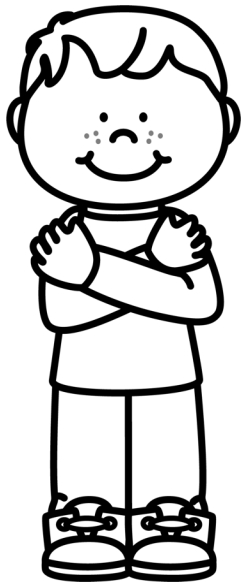
Bounce a ball



Color or draw



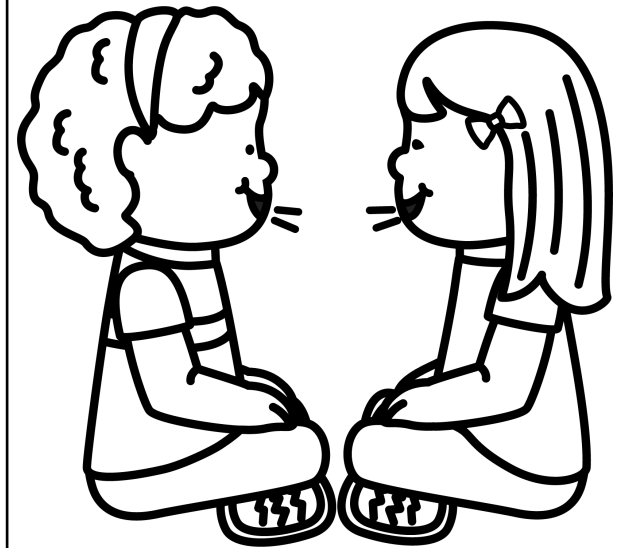
Hug yourself



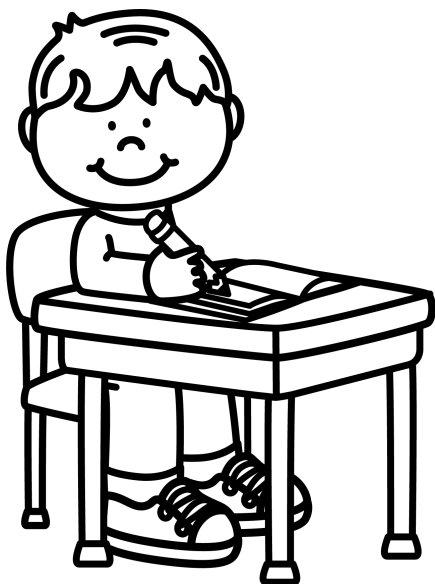
Rock on an exercise ball



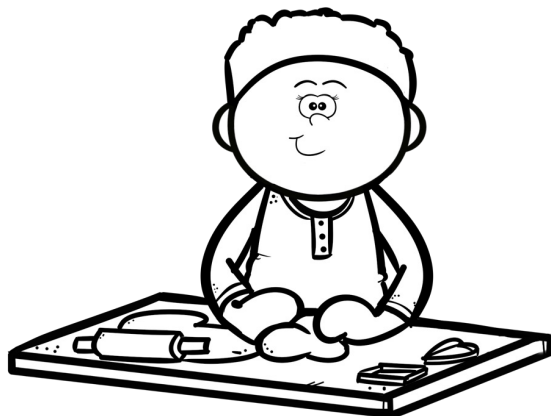
Talk to a friend



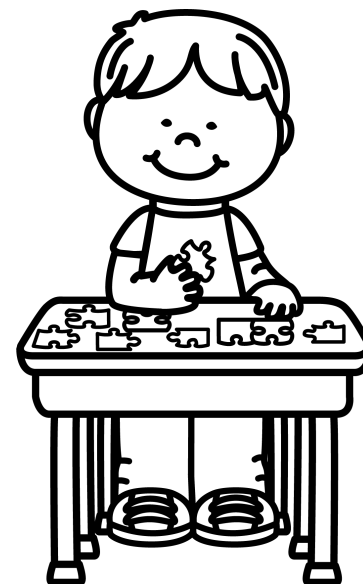
Write in a journal



Use play dough



Put a puzzle together



Blow bubbles



Dance



Hug a stuffed animal



Watch a glitter jar



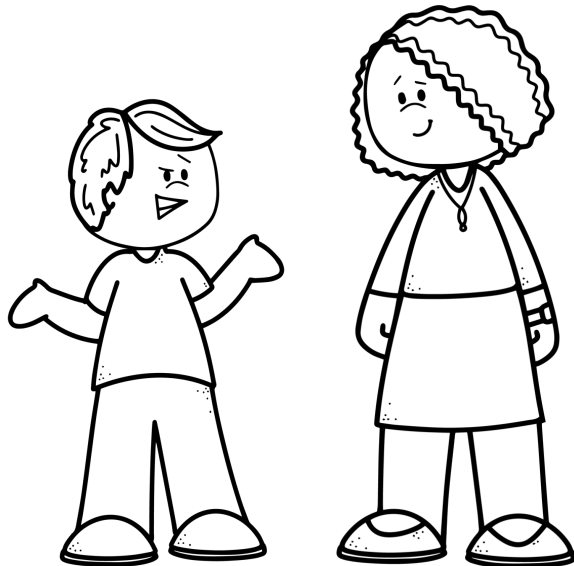
Read in a tent



Count slowly



Talk to a teacher



Deliver a message



Hum or sing

